



Physical Therapy North
KEEPING YOU ACTIVE

DIRECTIONS

2 First Avenue, Suite 211 Peabody MA

Phone (978) 535-1213

From SMN Peabody:

Starting at 1 Orthopedics Drive, Peabody MA

Take **Route 128 South** toward **Boston/Waltham**

Take **Exit 28** toward **Centennial Drive**.

Take Centennial Drive ramp and turn slight **right onto Centennial Drive** towards the Marriott. Follow approx. 1 mile until the stop sign at the end. You will see the Centennial Crossing Plaza in front of you.

Take a **right onto First Ave**, an immediate **left onto Fifth Street**, and a **left** into the Centennial Crossing parking lot. We are in the back building with WellLife.

From Route 1 North (Boston):

Take **Route 1 North** to Dearborn Rd.

Turn **slight right onto Dearborn Rd**.

Turn **right onto Farm Ave**.

Stay **straight onto Jubilee Dr**.

Take first **right onto First Ave**.

Take immediate **right onto Fifth Street** and a **left** into the Centennial Crossing parking lot. We are in the back building with WellLife.

From Route 129:

Take **Route 129** toward **Washington Street**.

Turn **right** onto **Boston St/Rt 129**.

Turn **left** onto **Broadway/Rt 129**.

Turn slight **left** into **Lynnfield St/129**.

Turn **right** onto **Casco Rd**.

Turn **right** onto **Lynnfield St**.

Turn **left** onto **First Ave**.

Turn immediate **left onto Fifth Street**, and a **left** into the Centennial Crossing parking lot. We are in the back building with WellLife.