

THIS EVENT IS FREE TO ALL PROFESSIONALS IN ATHLETIC TRAINING, PHYSICAL THERAPY, AND RELATED FIELDS.



Surgical and Non-surgical Evaluation and Treatment of the Spine

March 13, 2025

6:00 p.m.

1.5 CEU Pending BOC

Register online: spine-treatment.eventbrite.com

Endicott College
Cummings School of Nursing
Room 421
376 Hale St, Beverly, MA 01915

PROGRAM SCHEDULE

5:30 - 6 pm: Registration

6:00 - 6:05 pm: Opening remarks

6:05 - 6:30 pm: Evaluation and Surgical Treatment of the Cervical Spine, Richard Ozuna, MD

6:30 - 7:00 pm: Evaluation and Surgical Treatment of the Lumbar Spine, Akachimere Uzosiike, MD

7:00 - 7:30 pm: Non-Surgical Treatment of the Spine, Kevin Bernard, MD

Questions welcome throughout the program.



BOC Approved Provider
P8808

COURSE DESCRIPTION

This course will cover the evaluation, conservative and surgical management of cervical and lumbar disorders. Participants will understand the imperative patient history elements of a low back examination and identify which patient history components and special tests are affiliated with lumbar and cervical pathology.

We will review the components of a neurologic screening exam and identify the most prevalent red flags in lumbar and cervical spine examination and differentiate the purposes of diagnostic testing to determine the appropriate treatment recommendations.

MEET OUR SPEAKERS



Kevin Bernard, MD
Interventional Pain Management

Dr. Kevin Bernard is a fellowship-trained interventional pain management doctor specializing in nonsurgical spine and sports medicine care. Board-certified in physical medicine and rehabilitation, he provides advanced, patient-centered treatments for spine and joint pain. Dr. Bernard earned his medical degree from the University of Alabama Birmingham, completed his residency at NYU Langone Health, and pursued a spine fellowship at New England Baptist Hospital, where he treated conditions of the cervical, thoracic, and lumbar spine, as well as musculoskeletal disorders affecting the hip, knee, and shoulder.



Richard J. Ozuna, MD
Spine Surgery

Dr. Richard Ozuna, a graduate of Harvard Medical School, the Harvard Combined Orthopaedic Residency Program, and the UCLA spine surgery fellowship, specializes in back and neck disorders. He uses advanced techniques like minimally invasive microsurgery and complex spinal reconstruction. Actively involved in research and spinal implant development, Dr. Ozuna has been recognized as one of the Best Doctors in America since 2006. He is certified by the American Board of Orthopaedic Surgery.



Akachimere C. Uzosiike, MD
Spine Surgery

Dr. Akachimere Uzosiike is a fellowship-trained orthopedic spine surgeon specializing in the non-surgical and surgical care of adult and pediatric spine conditions, including injuries, deformities, tumors, infections, and degeneration of the cervical, thoracic, and lumbar spine. He earned his undergraduate degree from Harvard University, his medical degree and MPH from Johns Hopkins, and completed his orthopedic surgery residency at the Harvard Combined Orthopaedic Residency Program. He further specialized with a spine surgery fellowship at NYU Langone Hospital.

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At the conclusion of this course, it is expected that the attendees will be able to:

- Identify clinical presentations for common spine pathologies
- Synthesize the importance of specific, meaningful clinical findings during the examination process of the cervical and lumbar spine
- Distinguish appropriate tests for screening the cervical and lumbar spine to determine when referral for advanced imaging is warranted
- Understand prognostic trajectories for common spine pathologies and integrate best evidence management strategies for discussed pathologies
- Identify common causes of neck pain, lower back, and radicular pain
- Identify Non-surgical management and treatment of acute and chronic cervical, lumbar and radicular pain.
- Apply the information learned during the lecture to their clinical practice in order to more efficiently evaluate and treat this patient population

NON-DISCRIMINATORY POLICY

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Instructional method: Lecture

Fee information and cancellation Policy: Seminars by Physical Therapy North do not require a registration fee, therefore, there will be no refunds. In case of inclement weather, the seminar may be changed to another date, and all participants will be contacted to inform them of this change. If a participant has a grievance for any reason, they can contact Tara Kevin at Physical Therapy North and the issue will be addressed.

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